

BINGARA GORGE



INTERACTIVE BIKE PARK FOR RESIDENTS

As mountain biking continues to grow in popularity across Australia, Bingara Gorge's Bike Park is set to provide many hours of exhilarating fun for all ages and abilities.

The concept plan for the trail loop is approximately two kilometres and located on the North Western side of the estate within a bushland setting.

Riders will be able to access the interactive bike park from Reginald Circuit and Cuttriss Crescent. An asphalt-surfaced pump track and skills park will also feature alongside the trail loop, providing another level of enjoyment for residents in the great outdoors.

According to Mike Brown, Senior Project Manager from Trailscapes, designer of the Bingara Gorge Bike Park, the trail will be an easy flow style with optional alignments for different abilities to enable progression for people looking to expand their skills as well as challenging obstacles for more experienced riders.

"Bike trail infrastructure is an ideal inclusion in any masterplanned community as it provides another outdoor recreational amenity for residents to use. Bingara Gorge's Bike Park has been meticulously designed to cater for all family members and their various skill levels."

Australian Sports Commission 2023 data shows mountain biking participation increased more than 100 per cent over the past five years and industry leaders predict that growth will not slow down any time soon.

"The sport has opened up a broad range of users from thrill seekers to leisure cruisers or simply just a great activity to spend time outside in nature. As Bingara Gorge

grows, the trail is also set to expand as demand increases. The benefits of exercising outdoors for physical, mental and social reasons are well documented. Mountain biking provides an excellent outlet to release natural endorphins and improve both mind and body health," added Mike.

Mike continued, "Inclusivity is the key in a successful design. Trails and bike infrastructure allows such a wide demographic of ages and users to enjoy the same facilities. Extensive landscaping and rock work will sit neatly beside Bingara Gorge's Bike Park. Even someone who has never ridden a bike will appreciate the beauty of a landscaped mountain bike trail in their area."

Mountain bike trails have been around for over 20 years. Originally, most of the trails were for 'extreme riders', however over time they have evolved to accommodate everyone in a controlled environment, creating a fun experience for all.

"Personally, I have been coaching for 10 years and have had the opportunity to fine-tune the trail riding experience to allow a much wider demographic to participate. We see the future of trail networks within a community like Bingara Gorge as a key financial driver of investment opportunities, supporting health and well-being. It is a win win for everyone living in the community."

A development application has been lodged with Wollondilly Shire Council for Bingara Gorge's Bike Park with approval anticipated early in 2024.